

Blood Donor Eligibility and Deferral Guidelines

Please also refer to the *Blood Donor Education Material and Medication Deferral lists.*

BASICS	<p>You should be <i>feeling well</i> today</p>  <p>You should also have had a <i>full meal</i> today, and be <i>well-hydrated</i></p>	 <p>You need to have <i>proper ID</i> that isn't expired.</p>	<p>Age Requirement:</p> <h2 style="color: red;">17+</h2> <p>Or 16 yrs old with parent's permission</p> <p>There is no upper age limit to donate blood!</p>	 <p>You must weigh at least 110 lbs (16 year olds must weigh at least 130 lbs)</p>	<p>You must not be currently pregnant</p> 
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Medications Deferral Times

(Starting from last dose)

DO NOT STOP taking medications prescribed by your doctor in order to donate blood. Donating while taking these drugs could have a negative side effect on your health or on the health of the recipient of your blood.

<h3 style="margin: 0;">48 Hours</h3> <ul style="list-style-type: none"> Antibiotics (Taken orally) Anticoagulants (blood thinners): Eliquis, Arictra, Fragmin, etc 	<h3 style="margin: 0;">3 Months</h3> <ul style="list-style-type: none"> PrEP/PEP, Truvada, Descovy Hepatitis B Immune Globulin 	<h3 style="margin: 0;">36 Months</h3> <ul style="list-style-type: none"> Soriatane (acitretin)
<h3 style="margin: 0;">7 Days</h3> <ul style="list-style-type: none"> Antibiotics (taken via injection) 	<h3 style="margin: 0;">6 Months</h3> <ul style="list-style-type: none"> Avodart or Jalyn (Dutasteride) 	<h3 style="margin: 0;">Lifetime Deferral</h3> <p>If you have EVER taken:</p> <ul style="list-style-type: none"> Tegison (etretinate) Antiretroviral therapy (ART) for HIV treatment
<h3 style="margin: 0;">30 Days</h3> <ul style="list-style-type: none"> Proscar or Propecia (finasteride) Accutane (Isotretinoin) 	<h3 style="margin: 0;">24 Months</h3> <ul style="list-style-type: none"> Apretude (cabotegravir) Erivedge (vismodegib) Odomzo (sonidegib) 	

Can still Donate if taking (WHOLE BLOOD ONLY):

- Antiplatelet agents:** Plavix, Feldene, Effient, Brilinta, Ticlid, Zontivity

<h3 style="margin: 0;">Dental Work</h3> <ul style="list-style-type: none"> 24 Hours- Cleaning or filling 72 Hours- Dental or Oral surgery 	<h3 style="margin: 0;">Vaccinations</h3> <ul style="list-style-type: none"> No Wait (if showing no reaction)- Influenza, Tetanus, Meningitis, Hepatitis A, COVID-19, Jynneos Vaccine, RSV (Arexvy & Abrysvo), Shingrix 2 Weeks- Measles (Rubeola), Mumps, Polio (by mouth), Yellow Fever 21 Days- Hepatitis B (NOT Hepatitis B immunoglobulin) 4 Weeks- German Measles (Rubella), MMR (measles, Mumps, and Rubella), Chicken Pox 	<h3 style="margin: 0;">Medical Conditions</h3> <p style="color: red; font-weight: bold; margin: 0;">You can NOT donate if you have history of:</p> <ul style="list-style-type: none"> Heart disease, angina, or other heart problems Chronic lung/breathing problems Hepatitis B or C Bleeding & clotting disorders (Hemophilia A or B, Factor V Leiden Deficiency, etc.) Sickle Cell Disease (Sickle Cell Trait OK- Please disclose) Chronic kidney or liver disease HIV Blood or bone marrow cancers Autoimmune Disorders (Rheumatoid Arthritis, Ulcerative Colitis, Crohn's, MS, Myasthenia Gravis, etc.)
<h3 style="margin: 0;">Cancer History</h3> <ul style="list-style-type: none"> 1 Year since last treatment- Soft tissue malignancies (colon, breast, kidney, etc.) Can NOT donate- Blood or bone marrow malignancy (Leukemia, Lymphoma, Myeloma, etc.) 	<h3 style="margin: 0;">Pregnancy</h3> <ul style="list-style-type: none"> 6 Weeks- End of pregnancy 	<h3 style="margin: 0;">Blood Transfusion or Non-self Tissue Transplant</h3> <ul style="list-style-type: none"> 3 Months

Tattoos, Piercings, Body Branding, Botox

<ul style="list-style-type: none"> No wait to donate- if tattoo was applied at a licensed tattoo parlor in the U.S.* (<i>exceptions- see below</i>), or by a Dermatologist (M.D.) 3 Months- if tattoo was non-professionally applied, done outside of the U.S., *or applied in the listed states: District of Columbia, Georgia, Idaho, Maryland, Massachusetts, New Hampshire, New York, Pennsylvania, Utah, Wyoming 	<ul style="list-style-type: none"> No wait to donate- if piercing was performed using sterile single-use equipment 3 Months- if piercing was self-applied, or not performed using sterile single-use equipment 3 Months- Any body branding 1 Month- Botox injection for eye surgery No wait to donate- Cosmetic Botox treatments
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